



Who benefits from Bal-A-Vis-X?

Bal-A-Vis-X (BAVX) was originally developed for regular and special education students in a K-12 school setting, where we consistently found/find these **BAVX** benefits:

1. for **learning disabled** students -- COGNITIVE INTEGRATION IMPROVES
2. For **behaviorally disordered** students -- BEHAVIOR "SETTLES"
3. for **attention deficit disordered / attention deficit hyperactive disordered** students -- IMPULSIVITY DECREASES AND ABILITY TO FOCUS INCREASES
4. For **gifted** students -- PHYSICAL COORDINATION IMPROVES AND STRESS HEADACHES DIMINISH
5. for **regular education** students -- ACADEMIC SUCCESS REQUIRES LESS EFFORT
6. for students with **inadequate auditory skills** who "hear" but don't attend to the precise details of

A. **pronunciation:** they can/do not distinguish among initial consonant sounds or digraphs, between one word's ending and the next word's beginning, among vowel sounds --

B. **verbal instructions:** they grasp random pieces, seemingly by chance --

C. **discussion:** they rarely follow the flow and often interrupt to make unrelated comments or ask superfluous questions --

THE RHYTHMIC PATTERNS OF BAL-A-VIS-X CREATE A NEW AWARENESS OF THE NUANCES OF SOUND

7. For students whose visual acuity may be 20/20 yet whose vision is deficient in

A. **ocular motility** (tracking) --eyes that float, stick, skip, stutter, or dart FLOW

B. **binocularity** (teaming) -- eyes that squint, blink excessively, or produce extreme head/neck postures for near vision tasks WORK TOGETHER

C. **visual form perception** (discrimination of details) -- eyes that are careless about, forgetful of, or inattentive to differences and similarities NOTICE

8. **For all students** -- gains in eye-hand coordination and subsequent growth in confidence, hence, in earned self-esteem, are readily observable

In our experience, the only students in regular or special education settings not to benefit from BAVX are those who refuse to follow instructions.

From <http://www.bal-a-vis-x.com/> Bill Hubert